Curriculum Vitae

Susana Sofia Pereira da Silva

Susana Silva is a senior lecturer at the School of Hospitality and Tourism of Polytechnic of Porto (ESHT/P.PORTO), with graduation, master's and PhD in Psychology.

She teaches in undergraduate and master courses in restaurant management, tourism, and hospitality on Human Resources Management, Communication, Interpersonal Relations, Organisational Behavior, Human Resources in Tourism, Research Methods and Techniques, Leadership and Team Development, Human Resources Development, Research Methodologies, and Customer Behavior.

She was the President of the Pedagogical Council (2019 - 2023). Currently she is member of the Scientific Council at ESHT/P.PORTO.

She was head of the Communication Office at ESHT/P.PORT member of the Unit of eLearning and Pedagogical Innovation of P.PORTO (EIPP/P.PORTO).

As a researcher, she integrates as principal researcher CEOS.PP – Centre of organizational and social studies, and as research collaborator CiTUR – Centre for Tourism Research, Development, and Innovation. Her research interests are in the field of social sustainability, human resources management, leadership, communication, hard and soft skills, research methodologies, and customer behaviour applied to the field of tourism and hospitality.
She has been a member of the organization and scientific committee of several national and international academic seminars and conferences and has several scientific papers and communications. Se has participate in several research projects as a resercher.
Currently, she coordinate the Erasmus project HOSP-ECO.

Identification

Personal identification

Full name
Susana Sofia Pereira da Silva

Citation names

Silva, Susana

Author identifiers

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A71E-FBE0-F333

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0000-0003-4760-7662

Languages

Language	Speaking	Reading	Writing	Listening	Peer-review
Spanish; Castilian	Intermediate (B1)	Intermediate (B1)	Beginner (A1)	Intermediate (B1)	
English	Advanced (C1)	Advanced (C1)	Advanced (C1)	Advanced (C1)	
Portuguese	Advanced (C1)	Advanced (C1)	Advanced (C1)	Advanced (C1)	

Education

	Degree	Classification
2014 Concluded	Competency-based assessment (Intermediate Degree) Instituto Politécnico do Porto, Portugal	
2013 Concluded	Forensic Experts (Intermediate Degree) Universidade do Minho, Portugal	
2011/12/09 Concluded	Psychology (Doctorate) Major in Clinical Psychology Universidade do Minho Escola de Psicologia, Portugal	
2007/05/17 Concluded	Psychology (Master's Degree) Major in Psicologia Clínica Universidade do Minho Escola de Psicologia, Portugal	
2004 Concluded	Initial Pedagogical Training for Trainers (Intermediate Degree) Tecla, Portugal	
2002/07/17 Concluded	Psychology (Licenciate Degree) Major in Não Aplicável Universidade do Minho Escola de Psicologia, Portugal	

Affiliation

Science

	Category Host institution/organization	Employer

2018/02/09 - Current	Researcher (Research) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal	Instituto Politécnico de Leiria Centro de Investigação Aplicada em Turismo, Portugal
2018 - Current	Researcher (Research)	Centro de Estudos Organizacionais e Sociais do Instituto Politécnico do Porto, Portugal
2008/01 - 2012/12	Researcher (Research)	Fundação para a Ciência e a Tecnologia, Portugal

Teaching in Higher Education

	Category Host institution/organization	Employer
2014/01 - Current	Adjunct Teacher (Polytechnic Teacher)	Instituto Politécnico do Porto, Portugal
2014 - Current	Adjunct Teacher (Polytechnic Teacher)	Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2016 - 2018	Invited Adjunct Teacher (Polytechnic Teacher)	Instituto Politécnico do Porto, Portugal
2014 - 2016	Adjunct Teacher (Polytechnic Teacher)	Instituto Politécnico do Porto Escola Superior de Estudos Industriais e de Gestão, Portugal
2015/03 - 2015/05	Assistant (Polytechnic Teacher)	Escola Superior de Educação de Fafe, Portugal
2014 - 2015	Assistant (Polytechnic Teacher)	Escola Superior de Educação de Fafe, Portugal

2012/12 - 2014/06	Assistant (Polytechnic Teacher)	Instituto Politécnico do Porto, Portugal
2013 - 2014	Assistant (Polytechnic Teacher)	Instituto Politécnico do Porto Escola Superior de Estudos Industriais e de Gestão, Portugal
2013 - 2014	Assistant (Polytechnic Teacher)	Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2012/09/01 - 2013/07/31	Adjunct Teacher (Polytechnic Teacher)	Instituto Piaget, Portugal
2013/02 - 2013/07	Assistant (Polytechnic Teacher)	Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal
2013/03 - 2013/06	Assistant (University Teacher)	Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal
2012/09 - 2013/01	Adjunct Teacher (Polytechnic Teacher)	Instituto Superior Dom Dinis, Portugal

Other Careers

	Category Host institution/organization	Employer
2013/07 - 2015/01	Senior Technician (Senior Technician)	Santa Casa da Misericordia de Vila Verde, Portugal
2005/12 - 2013/12	Senior Technician (Senior Technician)	Comissão de Proteção de Crianças e Jovens de Vila Verde, Portugal
2013/01 - 2013/06	Senior Technician (Senior Technician)	Universidade do Minho, Portugal

2004/01 - 2013/01	Senior Technician (Senior Technician)	Gabinete de Apio Técnico ao Investimento, SA, Portugal
2012/05 - 2012/12	Senior Technician (Senior Technician)	Xunta da Galicia - Secretaria Xeral da Igualdade (Hercules Proxectos), Spain
2010/01 - 2012/12	Senior Technician (Senior Technician)	Personalizar - Centro Educacional e Psicoterapêutico, Portugal
2010/01 - 2012/12	Senior Technician (Senior Technician)	Futurbrain, Portugal
2010/01 - 2012/11	Senior Technician (Senior Technician)	Bragaconta, Portugal
2005/09/01 - 2012/07/31	Psychology Technician - 1st Class (Psychology Technician)	Universidade do Minho, Portugal
2012/01 - 2012/01	Senior Technician (Senior Technician)	Santa Casa da Misericordia de Vila Verde, Portugal
2007/01 - 2011/12	Senior Technician (Senior Technician)	Hospital de Braga, Portugal
2002/09 - 2009/12	Senior Technician (Senior Technician)	Poder Imaginário, Portugal

Positions / Appointments

	Category Host institution/organization	Employer
2020 - 2026	Member of the Technical-Scientific Council Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019 - 2023/07	President of the Pedagogic Council	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2017 - 2021	Member of the Evaluation Quality Board Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - 2018	Conselho científico/técnico-científico ou orgão correspondente	Instituto Politécnico do Porto, Portugal
2017 - 2018	Conselho pedagógico	Instituto Politécnico do Porto, Portugal

Others

	Category Host institution/organization	Employer
2025/07/22 - Current	Vice-Dean	School of Hospitality and Tourism of Technical University of Porto, Portugal
2004/09 - 2012/07	Outra Situação (Docente Universitário)	Universidade do Minho, Portugal
2005/01/01 - 2005/10/31	Trainer	Direção-Geral do Património Cultural, Portugal

Projects

Grant

	Designation	Funders
2025/09/01 - 2027/08/31	Integrating Immigrants into the Tourism and Hospitality Sector in the EU 2025-1-PT01-KA220-VET-000358237 Principal investigator	Erasmus Plus, Belgium Ongoing
2025/06/01 - 2027/05/31	Commitment to Violence-free Culture in European HORECA 2024-1-PT01-KA220-VET-000253898 Principal investigator	Erasmus Plus, Belgium Ongoing

Contract

	Designation	Funders
2023 - Current	GreenHost 101144003 Researcher	Ongoing
2026/05/01 - 2030/04/30	Excellence in Learning, Innovation, and Agriculture: A Centre of Vocational Excellence for the Olive Sector Project 101260687 – ELIA - ERASMUS-EDU-2025-PEX-COVE Team coordinator	Ongoing
2025/01/01 - 2029/12/31	Centre for Organisational and Social Studies of Polytechnic of Porto UID/05422/2025 10.54499/UID/05422/2025 Universidade Politécnica de Coimbra, Portugal Universidade Técnica do Porto, Portugal	Fundação para a Ciência e a Tecnologia, Portugal Ongoing
2025/01/01 - 2029/12/31	Centro de Investigação, Desenvolvimento e Inovação em Turismo UID/04470/2025 10.54499/UID/04470/2025 Universidade Politécnica de Beja, Portugal Escola Superior de Hotelaria e Turismo do Estoril, Portugal Universidade Politécnica da Guarda, Portugal Universidade da Madeira, Portugal Universidade Politécnica de Viana do Castelo, Portugal Universidade Técnica do Porto, Portugal Universidade Politécnica de Coimbra, Portugal Universidade do Algarve, Portugal Centro de Investigação Desenvolvimento e Inovação em Turismo, Portugal Universidade de Leiria e Oeste, Portugal	Fundação para a Ciência e a Tecnologia, Portugal Ongoing
2022/12/31 - 2024/12/31	Sustainability Leadership in Hospitality -Hosp-ECO 2022-1-PT01-KA220-VET-000088349 Principal investigator	Ongoing
2020/01/01 - 2024/12/31	Center of Organizational and Social Studies of Polytechnic of Porto UIDB/05422/2020 10.54499/UIDB/05422/2020	Fundação para a Ciência e a Tecnologia, Portugal Concluded

	Universidade Técnica do Porto, Portugal	
2020/01/01 - 2024/12/31	Centro de Estudos Organizacionais e Sociais do Politécnico do Porto UIDP/05422/2020 10.54499/UIDP/05422/2020 Universidade Técnica do Porto, Portugal	Fundação para a Ciência e a Tecnologia, Portugal Concluded
2022/12/01 - 2023/11/30	Talent Management in the Tourism and Hospitality Sector - TalentTour UIDB/04470/2020 Researcher	Ongoing
2022/12/01 - 2023/11/30	Circular economy for sustainable gastronomy: diagnosis and adoption of good practices in restaurants - CEGAS UIDB/04470/2020 Researcher	Ongoing
2021/04/01 - 2023/04/01	Accelerating aCAdemia´s DIGItal readiness for online and blended Augmented Teaching 2020-1-PT01-KA226-HE-095042 Researcher	Comissão Europeia PT01 Agência Nacional Erasmus+ Educação e Formação, Belgium Ongoing
2020/08/10 - 2020/11/10	Summer School in Tourism - Digital Transformation in Catering 40(20/7/233) Supervisor	Fundação para a Ciência e a Tecnologia, Portugal Concluded
2020/08/07 - 2020/11/07	Summer School in Pedagogical Innovation processo 35 (20/7/232) Principal investigator	Fundação para a Ciência e a Tecnologia, Portugal Concluded

Outputs

Publications

Book	1	Silva, S.; Silva, C.; Marques, A.. *Professional Profile in the Hospitality Sector: The Hostels' Case*. 2023. 10.1007/978-981-99-0337-5_45

	2	Ferreira, Rui; Meira, Deolinda; Saúde, José Miguel; Delgado, João Paulo; Donga, João Paulo; Meireles, Maria João; Leitão, Pedro; Silva, Susana; Barros, Teresa. *Fórum interno 21. Livro de resumos: Desafios do "novo normal"*. Politécnico do Porto. Edições Politema. 2021.
	3	Silva, Susana Sofia Pereira da; Angela da Costa Maia; Tania Pires. *Actas do I Congresso de Saúde e Comportamento dos Países de Língua Portuguesa*. Braga: CiPsi. 2009. Published
Book chapter	1	Cândida Silva; Ana Ferreira; Susana Silva. "Official Websites as Digital Tools to Promote Tourism Destinations: The Case of “VisitMadeira”". 2026. 10.1007/978-3-032-09077-5_11
	2	Dora Martins; Sara Gonçalves; Susana Silva. "The Factors that Influence Talent Retention in the Hotel Industry". 2026. 10.1007/978-3-032-27837-1_23
	3	Melo, António; Azevedo, Daniel; Silva, Susana; Silva, Goretti; Maia, Beatriz; Camões, Henrique; Melo, Carla. "Moving Toward Sustainability and Circular Economy in the Restaurant Industry". In *Innovation and Creativity in Tourism, Business and Social Sciences*, 113-127. Springer Nature Switzerland, 2025.
	4	Susana Silva; Leonor Calheiros; Cândida Silva. "Sustainability Practices as a Marketing Strategy in the Hospitality Sector". 2025. 10.1007/978-981-96-5400-0_28
	5	Susana Silva; Inês Fonsecas; Joaquim Ribeiro; Teresa Pataco. "The Impact of the COVID-19 Pandemic on Tourist Accommodation’s Internal Marketing Strategies". 2025. 10.1007/978-981-96-5396-6_49
	6	Mira, Maria do Rosário; Costa, Vânia; Campinho, Sara; Pereira, Raquel; Moura, Andreia; Silva, Susana. "Talent Management Versus Tourism and Hospitality Business: A Bibliometric Analysis. In: Carvalho,". Springer, 2025. https://doi.org/10.1007/978-981-96-5396-6_26
	7	Lima, V.; Silva, S.; Silva, C.; Fernandes, J.; Peres, P.. "Higher Education Students’ Perceptions of Emergency Remote Teaching: Degree Levels and Knowledge Domains". 111-132. 2024. 10.1007/978-981-97-0661-7_9
	8	Dora Martins; Susana Silva. "Paradoxes in Tourism and Hospitality Sectors: From Work-Life Balance to Work-Life Conflict in Shift Work". 483-496. Springer Nature Singapore, 2023. 10.1007/978-981-19-9960-4_42
	9	Silva, S.; Silva, C.; Alves, J.. "Tourism Events: Bringing Innovation to the North of Portugal". 235-248. 2022. 10.1007/978-3-030-89232-6_12
	10	Silva, Susana; Silva, Cândida; Soares, Gisela. "Great Expectations". In *Handbook of Research on Human Capital and People Management in the Tourism Industry*, 92-109. IGI Global, 2021. 10.4018/978-1-7998-4318-4.ch005

	11	Mariana Madeira; Susana Silva; Teresa Pataco. "Hospitality in Holiday Rentals: Guest Satisfaction". 133-148. Springer International Publishing, 2021. 10.1007/978-3-030-80733-7_8
	12	Meirinhos, Viviana; Rodrigues, Ana Cláudia; Couto, Ana Isabel; Martins, Ana Luísa; Vieira, Diana; Martins, Dora; Lousã, Eva Petiz; et al. "Recursos humanos: um modelo compreensivo do campo". In *A gestão de recursos humanos a múltiplas vozes: experiências ibéricas e lusófonas*, 9-28. Porto: Vida Económica, 2021. Published
	13	Silva, S.; Silva, C.; Soares, G.. "Great expectations: The graduate view of skills in hospitality". 92-109. 2020.
	14	Martins, Dora; Pinto, Andreia; Silva, Susana. "Trabalho por turnos: o impacto no equilíbrio da vida pessoal e profissional". 2018.
	15	Silva, Susana Sofia Pereira da; Dora Martins; Silva, Susana; Martins, Dora. "HRM specificities on Portugal hotel units". In *Tourism and Culture in the Age of Innovation*, 393-410. London, Greece: Springer, 2016. Published • 10.1007/978-3-319-27528-4_27
Conference abstract	1	Maia, Beatriz; Silva, Susana; Melo, António; Azevedo, Daniel; Silva, Goretti; Camões, Henrique; Melo, Carla. "Circular economy and sustainability: Best practices in the restaurant sector". Paper presented in *INVTUR Conference 2024*, *Aveiro*, 2024. Published
	2	Loureiro, I. S.; Costa, Vânia; Moura, Andreia; Silva, Susana; Silva, Goretti; Pereira, Raquel; Mira, M. R.; Campinho, S.. "A comprehensive diagnosis and analysis of the Tourism and Hospitality industry in Portugal: Insights into the Educational offer and Industry Graduates". *Bragança*, 2023. Published
	3	Carvalho, A.; Silva, Susana; Silva, Cândida; Lima, Vanda; Fernandes, Joana; Peres, Paula. "Escola de Verão em Inovação Pedagógica: Impacto da Pandemia no Ensino a Distância no Ensino Superior". Paper presented in *Fórum Interno P.PORTO*, 2021.
	4	Lima, Vanda; Silva, Susana; Silva, Cândida; Carvalho, Amélia.; Fernandes, Joana; Peres, Paula. "Perceções dos estudantes do ensino superior acerca do ensino remoto de emergência durante a pandemia COVID-19: o caso do P.PORTO". Paper presented in *Fórum Interno P.PORTO*, 2021.
	5	Fernandes, Joana; Carvalho, Amélia; Silva, Susana; Silva, Cândida; Lima, Vanda; Péres, Paula. "O impacto da Pandemia no Ensino Remoto de Emergência: um olhar sobre as perceções dos docentes do P.PORTO". Paper presented in *Fórum Interno P.PORTO*, 2021. Published
	6	Silva, Susana Sofia Pereira da. "Childhood obesity: Maltreatment or love.". Paper presented in *I Congresso Mundial de Saúde Infantil*, *Viseu*, 2013. Published

7 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Psychopathology and health problems before and after bariatric surgery". Paper presented in *18th European Congress on Obesity*, *Istambul*, 2011.

Published

8 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Comorbilidades físicas e psicológicas antes e depois da cirurgia bariátrica". Paper presented in *15º Congresso Português de Obesidade*, *Coimbra*, 2011.

Published

9 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Emotional eating: a strategy or a problem? Abstract Psychology & Health vol.25 (Suppl. 1): 82.". Paper presented in *24th European Health Psychology Conference*, *Cluj*, 2010.

Published

10 Silva, Susana Sofia Pereira da; Angela da Costa Maia; Beatriz Santos. "The role of adversity in adult functioning: a comparative study between obese and non-obese". Paper presented in *24th European Health Psychology Conference*, *Cluj*, 2010.

Published

11 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Obesity, bariatric surgery, physical and psychological complaints: a longitudinal study". Paper presented in *11th International Congress of Behavioral Medicine*, *Washington*, 2010.

Published

12 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Factors for (un)success: the speeches one year after bariatric surgery". Paper presented in *11th International Conference on Obesity*, *Estocolmo*, 2010.

Published

13 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Adversidade na infância e problemas de saúde: comparação entre obesos e não obesos.". Paper presented in *14º Congresso Português de Obesidade*, *Porto*, 2010.

Published

14 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Sleeve gástrico: o papel das expectativas após a cirurgia". Paper presented in *14º Congresso Português de Obesidade*, *Porto*, 2010.

Published

15 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Os discursos da Obesidade um ano após a cirurgia". Paper presented in *14º Congresso Português de Obesidade*, *Porto*, 2010.

Published

16 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Morbid Obesity: problem or identity?". Paper presented in *17th European Congress on Obesity*, *Amesterdão*, 2009.

Published

17 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Forms of childhood adversity and obesity: the relation between abuse and PTSD.". Paper presented in *13th European Psychology Health Society Conference*, *Bath*, 2009.

Published

18 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Obesity and actual functioning: the role of adverse childhood experiences". Paper presented in *16th European Congress on Obesity*, *Genebra*, 2008.

Published

19 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Gastrobandoplastia: caminho mágico para a felicidade no discurso das obesas". Paper presented in *12º Congresso Português da Obesidade*, *Aveiro*, 2008.

Published

20 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Adverse history and psychopathology in bariatric surgery candidates: contributions to understand overeating behaviour". Paper presented in *XII World Congress of the International federation for the Surgery of obesity*, *Porto*, 2007.

Published

21 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Adverse childhood experiences, physical pathology, coping strategies adults morbid obesity". Paper presented in *I Symposium Hispano-Luso de Medicina Conductual y Psicologia de la Salud*, *Madrid*, 2007.

Published

Conference paper

1 Silva, Susana; Silva, Goretti; Melo, António; Melo, Carla; Azevedo, Daniel. Corresponding author: Melo, António. "Circular Economy in the Restaurant Sector: Do Practices Go Hand in Hand?". Paper presented in *8th International Conference on Tourism Research*, 2025.

Published • https://doi.org/10.34190/ictr.8.1.3507

2 Silva, C.; Ferreira, A.; Silva, S.. "Social Media as a Tool to Promote Jyväskylä as A Tourism Destination". 2025.

3 Silva, S.; Gonçalves, M.. "How Human Resources Management Practices Affect Employee Satisfaction and Motivation: A study in the Hospitality Sector". 2025.

4 Martins, D.; Silva, S.; Silva, Q.. "Exploring Intercultural Adjustment of Self-initiated Expatriates: A Study of Brazilians in Portugal". 2025.

10.1007/978-3-031-78471-2_28

5 Melo, A.; Azevedo, D.; Silva, S.; Silva, G.; Maia, B.; Camões, H.; Melo, C.. "Moving Toward Sustainability and Circular Economy in the Restaurant Industry". 2025.

10.1007/978-3-031-87019-4_8

6 Silva, S.; Martins, D.; Marques, A.. "Attraction and Retention Strategies: What Matters to the Millennial?". 2025.

10.1007/978-3-031-87019-4_23

7 Silva, S.; Oliveira, M.; Silva, C.. "What Skills are Required for Sustainable Leadership in Hospitality?". 2025.

8 Melo, A.; Azevedo, D.; Silva, S.; Silva, G.; Figueiredo, A.; Melo, C.. "Circular Economy in the Restaurant Sector: Do Practices Go Hand in Hand?". 2025.

9 Susana Silva; Cândida Silva; Paula Peres; Amélia Carvalho; Joana Fernandes; Vanda Lima. "TEACHERS' PERCEPTION OF REMOTE LEARNING DURING THE COVID-19 PANDEMIC: LESSONS LEARNED AND RECOMMENDATIONS FOR THE FUTURE". 2024.

10.21125/edulearn.2024.1704

10 Maia, B.; Silva, S.; Melo, A.. "Social Sustainability: Challenges to the Restaurant Sector". 2024.

10.34190/ictr.7.1.2151

11 Azevedo, D.; Silva, S.. "Human Resources Management and the Impact of the Restaurant Opening Hours: An Exploratory Study". 2024.

10.34190/ictr.7.1.2150

12 Maia, B.; Silva, S.; Melo, A.; Silva, G.; Azevedo, D.; Camões, H.; Melo, C.. "Cooking Up a Sustainable Future: insights of Circular Economy in Restaurants". 2024.

10.34190/ictr.7.1.2131

13 Silva, C.; Silva, S.; Rodrigues, A.. "Instagram as a Digital Marketing Tool of a Hotel Brand". 2024.

10.34190/ictr.7.1.2103

14 Oliveira, M.; Silva, S.; Silva, C.. "Improving Environmental Sustainability in Hospitality and Tourism: the Key Strategies". 2024.

10.34190/ictr.7.1.2129

15 Martins, D.; Silva, S.; Sousa, I.. "Exploring Employee Experience: Millennial Human Resources Practitioners in the IT Sector". 2024.

16 Joana Fernandes; Susana Silva; Cândida Silva; Vanda Lima; Amélia Carvalho; Paula Peres. "LEARNING INSIDE THE BOX: STUDENTS' PERCEPTIONS OF EMERGENCY REMOTE LEARNING". 2023.

10.21125/edulearn.2023.1086

17 Amélia Carvalho; Vanda Lima; Susana Silva; Cândida Silva; Joana Fernandes; Paula Peres. "INTERACTING WITH "ZOOMIES": DIFFICULTIES AND CHALLENGES THROUGH THE EYES OF LECTURERS". 2023.

10.21125/edulearn.2023.1081

18 Rafael Monteiro; Susana Silva; Daniel Azevedo. "The Pilgrim Consumer Behaviour along the Way of St. James". 2023.

10.34190/ictr.6.1.1142

19 Susana Silva; Maria João Couto. "Gender Bias in the Hospitality Sector: Female and Male Jobs". 2023.

10.34190/ictr.6.1.1095

20 Cândida Silva; Susana Silva; Bruna Rodrigues. "Social media in hotel crisis communication: a case study". 2023.

10.34190/ictr.6.1.1197

21 Susana Silva; Cândida Silva. "PEER ASSESSMENT: THE PERCEPTIONS OF HOSPITALITY AND TOURISM STUDENTS". 2023.

10.21125/inted.2023.0544

22 Susana Silva; Maria João Couto; Cândida Silva. "THE USE OF ICT STRATEGIES IN TEACHING IN HIGHER EDUCATION: THE EXPECTATIONS OF HOSPITALITY, TOURISM, AND RESTAURANT STUDENTS". 2023.

10.21125/inted.2023.0545

23 Silva, S.; Couto, M.J.. "Gender Bias in the Hospitality Sector: Female and Male Jobs". 2023.

24 Silva, S.; Pires, C.. "The Employer Branding Practices in the Attraction and Retention of Employees: The Case of the Portuguese Hotel Industry". 2023.

25 Silva, C.; Silva, S.; Rodrigues, B.. "Social Media in Hotel Crisis Communication: A Case Study". 2023.

26 Monteiro, R.; Silva, S.; Azevedo, D.. "The Pilgrim Consumer Behaviour Along the Way of St. James". 2023.

27 Silva, Susana; Candida Silva; Ana Marques. "Professional profile in the hospitality sector: the hostels' case". Paper presented in *International Conference On Tourism Technology And Systems*, 2022.

28 Dora Martins; Silva, Susana. "Paradoxes in tourism and hospitality sectors: From work-life balance to work-life conflict in shift work". Paper presented in *International Conference On Tourism Technology And Systems*, 2022.

29 Dora Martins; Silva, Susana. "Shift Work and Quality of Life on Tourism, Hospitality and Restaurant Industry: The Portuguese Context". Paper presented in *5th International Conference on Tourism Research*, 2022.

30 Susana Silva; Maria João Couto. "PROBLEM-BASED LEARNING FOR DEVELOPING INTERPERSONAL SKILLS: THE CASE OF HOSPITALITY AND TOURISM STUDENTS". 2022.
10.21125/inted.2022.0714

31 Cândida Silva; Amélia Carvalho; Paula Peres; Joana Fernandes; susana Silva; Vanda Lima. "EMERGENCY REMOTE TEACHING: PERCEPTIONS IN HIGHER EDUCATION". 2022.
10.21125/inted.2022.1542

32 Silva, R.; Soares, G.; Pataco, T.; Oliveira, M.; Silva, S.; Silva, C.. "Describing Skills in Hotel Management Syllabi: A View From the Field". 2022.

33 Silva, S.; Martins, D.. "Shift Work and Quality of Life on Tourism, Hospitality and Restaurant Industry: The Portuguese Context". 2022.

34 Silva, C.; Oliveira, M.; Silva, S.. "Preface". 2022.

35 Rocha, A.; Azevedo, D.; Silva, S.. "The impact of tourism in the restaurant business: A case study in the city of oporto". 2021.
10.34190/IRT.21.043

36 Silva, A.I.; Oliveira, M.; Silva, S.. "Motivation as a lever for service excellence". 2021.
10.34190/IRT.21.056

37 Monteiro, R.; Azevedo, D.; Silva, S.. "The way of st. James: Food consumption patterns of pilgrims". 2021.
10.34190/IRT.21.077

38 Martins, D.; Oliveira, A.; Silva, S.. "Knowledge management through competencies: An exploratory study in the automotive industry sector". 2021.

10.34190/EKM.21.033

39 Brochado, D.; Silva, C.; Silva, S.; Azevedo, D.. "Digital technologies to minimize the impact of the covid-19 pandemic in restaurant sector". 2021.

10.34190/IRT.21.085

40 Costa, A.M.; Monteiro, B.; Silva, S.. "Wine tourism and digital marketing strategies in the vinho verde region". 2021.

10.34190/IRT.21.034

41 Neves, C.; Silva, S.; Martins, D.. "The competences in the digital era in the tourism and hospitality sector". 2021.

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42 Antunes, Andreia; Martins, Dora; Silva, Susana; Silva, Cândida. "Human resources consultants: what digital skills?". 2021.

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2 Silva, Susana Sofia Pereira da; Angela da Costa Maia. "Emotions and eating behaviours: possible relations in obese speech.". Paper presented in *Intact,*, 2009.

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Journal article	1	Susana Silva; Candida Silva; Monica Oliveira. "Sustainability in Tourism and Hospitality Degrees: A Systematic Review". *International Conference on Tourism Research* (2026): https://doi.org/10.34190/ictr.9.1.4486. 10.34190/ictr.9.1.4486
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	6	Dora Martins; Susana Silva; Inês Sousa. "Exploring Employee Experience: Millennial Human Resources Practitioners in the IT Sector". *European Conference on Management Leadership and Governance* (2024): https://doi.org/10.34190/ecmlg.20.1.2934. 10.34190/ecmlg.20.1.2934
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Thesis / Dissertation

1 Silva, Susana Sofia P.. "História do desenvolvimento, adaptação física e psicológica, significados e crenças de obesos mórbidos : um estudo longitudinal". 2011. http://hdl.handle.net/1822/19719.

Activities

Oral presentation

	Presentation title	Event name Host (Event location)
2023/11/24	Sustainability leadership in hospitality: what are the skills needed?.	XV International Tourism Conference
2023/06/09	Gender Bias in the Hospitality Sector: Female and Male Jobs	6th international Conference on Tourism Research
2023/06/09	The employer branding practices in the attraction and retention of employees: the case of the Portuguese hotel industry	6th international Conference on Tourism Research
2022/11/05	Paradoxes in tourism and hospitality sectors: From work-life balance to work-life conflict in shift work	International Conference On Tourism Technology And Systems

2022/05/19	Shift Work and Quality of Life on Tourism, Hospitality and Restaurant Industry: The Portuguese Context	5th International Conference on Tourism Research (Vila do Conde, Portugal)
2020/03/27	Expectations vs Costumer Satisfaction: the case of luxury hotels	3th International Conference on Tourism Research (Valencia, Spain)
2019/09/06	Knowledge management and staff turnover in the hospitality industry	20th European Conference on Knowledge Management (Lisboa, Portugal)
2018/09/05	Intercultural Knowledge Management	19th European Conference on Knowledge Management (Pádua, Italy)
2018/04/26	Soft skills in expatriation	31th IBIMA Conference
2017/11/09	Employer Branding: The importance of retention	30th IBIMA Conference (Madrid, Spain)
2017/05/05	The LinkedIn Platform in Human Resource Recruitment	IECON'03. 29th Annual Conference of the IEEE Industrial Electronics Society (IEEE Cat. No.03CH37468)
2017/03/24	Human Resources Management Practices in Hospitality Companies	9th International Conference on Culture, Cultural Tourism and Hospitality
2017/03/06	Erasmus Students Expectations: A qualitative study in Portuguese Context	11th annual International Technology, Education and Development Conference
2016/09/16	Expatriation: the focus on Psychological contract	6th Workshop on Expatriation
2016/05/05	Individual Human Resources Management and Development: Career Management	27th IBIMA Conference
2016/01/19	Quality of Working Life and Occupational Stress in High School Teachers	18th International Conference on Human Resource Management
2015	HRM Specificities' on Portugal Hotel units	2nd International Conference "Forms and Norms of Tourism and Culture in the Age of Innovation" International Association of Cultural and Digital Tourism, (Atenas, Greece)

2014	Boas práticas na Gestão de Recursos Humanos na Hotelaria: Um estudo exploratório no contexto Português	Tourism Managment Conference Universidade do Algarve (Faro, Portugal)
2012	The meaning of obesity and obesity treatment before bariatric surgery	12th International Congress on Behavioral Medicine IBM (Budapeste)
2012	Obesidade: Afeto ou maus tratos?	Obesidade: Afeto ou maus tratos? Ordem dos Advogados (Braga)
2011	Psychological and health changes with bariatric surgery: a longitudinal study	25th European Health Psychology Conference, EHPS (Creta)
2011	Commitment or Miracle? Contributions to the understand of (un)success in bariatric surgery	XVI Congresso Mundial da Federação Internacional da Cirurgia da Obesidade e Doenças Metabólicas Federação Internacional da Cirurgia da Obesidade e Doenças Metabólicas (Hambirgo)
2010	Emotional eating: a strategy or a problem?	24th European Health Psychology Conference, EHPS (Cluj)
2010	The role of adversity in adult functioning: a comparative study between obese and non-obese	24th European Health Psychology Conference EHPS (Cluj)
2010	Obesity, bariatric surgery, physical and psychological complaints: a longitudinal study	11th International Congress of Behavioral Medicine ICBM (Washington DC)
2010	Factors for (un)success: the speeches one year after bariatric surgery	11th International Conference on Obesity ECO (Estocolmo)
2009	Comportamento Alimentar em obesos mórbidos: a alimentação como estratégia de coping face à história adversa	I Congresso de Saúde e Comportamento dos Países de Língua Portuguesa Sociedade Portuguesa de Saúde e Comportamento (Braga)
2009	O “peso” do comportamento alimentar: estudo comparativo entre obesos e não obesos	I Congresso Luso - Brasileiro de Psicologia da Saúde Universidade do ALgarve (Faro)
2007	Comportamento alimentar: um problema ou uma solução? – Um estudo comparativo entre obesos e não obesos	II congresso Luso-Espanhol de Alimentação e Nutrição APN (Santa Maria da Feira)

Supervision

	Thesis Title Role	Degree Subject (Type) Institution / Organization
2023 - Current	Internship Report Supervisor	Degree on Hospitality Management (Degree) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023 - 2023	Internship Report Crowne Plaza Porto Supervisor	Degree on Hotel Management (Degree) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023 - 2023	Internship Report Supervisor	Degree on Hospitality Management (Degree) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023 - 2023	Internship Report Supervisor	Degree on Restaurant and Catering Management (Degree) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023 - 2023	Internship Report Supervisor	Degree on Restaurant and Catering Management (Degree) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022 - 2023	New Practices for Attracting and Retaining Millennials in the IT Sector in Portugal Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2022 - 2023	Work-Family/Family-Work Conflict in Generation Y shift workers: an exploratory study Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2022 - 2023	The Employee Experience of Millenials Human Resources professionals in the IT sector Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal

2021 - 2023	Human Resources Management Practices in Talent Retention at the InterContinental Porto Hotel - Palacio das Cardosas Supervisor	Master in Hotel Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021 - 2023	Human Resources Management challenges in attracting and retaining employees in the restaurant sector Supervisor	Master in Hotel Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021 - 2023	Employer Branding in Hospitality - Employer Branding in attracting talent - Tivoli Avenida Liberdade Lisbon Hotel case study Supervisor	Master in Hotel Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021 - 2023	Happiness at work: Organizational representations and practices in Portuguese companies - an exploratory study in the IT sector. Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021 - 2023	Attracting and Retaining Millennials in the IT Sector in Portugal Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021 - 2023	Work-Family/Family-Work Conflict in Generation Y shift workers: an exploratory study Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021 - 2023	The Employee Experience of Millennial Human Resources professionals in the IT sector Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021 - 2023	Intercultural Adjustment of Self-Initiated Brazilian Expatriates: An Exploratory Study Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2022 - 2022	Internship Report Supervisor	Degree on Restaurant and Catering Management (Degree)

		Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022 - 2022	Internship Report Supervisor	Degree on Restaurant and Catering Management (Degree) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021 - 2022	The importance of Employer Branding in attracting and retaining employees in the hotel sector Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2020/10 - 2021/10	The future of MICE events in Portuguese hotels Supervisor	Mestrado em Direção Hoteleira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020/10 - 2021/10	Internal Marketing: The impact of the COVID-19 pandemic on hoteliers' internal marketing strategies Supervisor	Master in Hospitality Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019 - 2021	The role of social networks in promoting the Anantara Vilamoura Hotel Supervisor	Master in Hospitality Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020 - 2020	A importância das práticas sustentáveis e a sua utilização como estratégia de Marketing nos hotéis de 4 estrelas da região Norte de Portugal Supervisor	Mestrado em Direção Hoteleira (Master)
2019 - 2020	The Role of Social Media in Promoting the Anantara Vilamoura & Algarve Resort Hotel Supervisor	Master in Hospitality Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019 - 2020	Como as caraterísticas das mulheres que lideram influenciam a sua liderança Supervisor	Mestrado em Direção Hoteleira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2018 - 2020	Skills in the Digital Age in the Tourism and Hospitality sector Co-supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2018 - 2020	How the characteristics of women leaders influence their leadership Supervisor	Master in Hotel Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2020	Skills in the IT sector: challenges of the digital age Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2018 - 2020	Competencies in Human Resources Consulting: Challenges of the Digital Age Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2018 - 2020	The importance of Employer Branding in retaining Human Resources professionals Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2018 - 2020	Integration practices for people with disabilities at work: a case study Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2018 - 2020	The Potential of Neuromarketing for Positioning a Hotel Brand Supervisor	Master in Hotel Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - 2020	A Gestão de Carreira dos futuros doutorados portugueses Supervisor	(Master)
2017 - 2020	Enoturismo: um produto estratégico numa unidade de agroturismo inserida na Região dos Vinhos Verdes Supervisor	(Master)

2017 - 2020	O Potencial do Neuromarketing para o Posicionamento de uma Marca Hoteleira Supervisor	(Master)
2017 - 2020	O Comportamento dos Portugueses Perante as Agências de Viagens Supervisor	Mestrado em Gestão do Turismo (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - 2020	Seniores na fase final da vida ativa Supervisor	Mestrado em Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2019 - 2019	Retirement preparation program: a feasibility study at the Federal Institute of Education, Science and Technology of Rondônia - IFRO Supervisor	Administration Department (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2019 - 2019	Internal Communication in the Shared Services of the University of Porto Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2019 - 2019	The importance of qualifying human resources in tourism: The case of hostels in the city of Porto. Supervisor	Master in Tourism Management (Master) Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2019 - 2019	The role of Portuguese digital influencers in promoting a tourist destination. Supervisor	Master in Tourism Management (Master) Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2019 - 2019	Events: The importance of events in the Valongo region. Supervisor	Master in Tourism Management (Master) Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2019 - 2019	Motivations for loyalty in hotels. Supervisor	Master in Hospitality Management (Master) Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal

2018 - 2019	Customer expectations versus satisfaction with the services offered: the case of S. Hotels Collection Co-supervisor	Master in Hospitality Management (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2018	Characterizing the profile of hotel managers in Portugal: the case of the North Supervisor	Master in Hospitality Management (Master) Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2018 - 2018	Female Leadership in Portugal: a qualitative study Supervisor	Master in Human Resources Management and Development (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2018 - 2018	Hospitality in the hotel industry: guest satisfaction in local accommodation in the city of Porto. Supervisor	Master in Hospitality Management (Master) Instituto Politécnico do Porto Escola Superior de Hotelaria e Turismo, Portugal
2017 - 2018	A hospitalidade na indústria hoteleira: a satisfação dos hóspedes nos alojamentos locais da cidade do Porto. Supervisor	Mestrado em Direção Hoteleira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - 2017	EMPLOYER BRANDING PRACTICES AMONGST THE MOST ATTRATIVE EMPLOYERS OF THE IT AND ENGINEERING SECTOR IN PORTUGAL Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2017 - 2017	CARACTERIZAÇÃO DAS PRÁTICAS DE RETENÇÃO DE TALENTO UTILIZADAS PELAS EMPRESAS DE TECNOLOGIAS DE INFORMAÇÃO E COMUNICAÇÃO Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2017 - 2017	Características do Governance e influência na performance das sociedades cotadas em Portugal Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2017 - 2017	A gestão de carreiras nas sociedades de advogados portuguesas Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal

2016 - 2016	O impacto da Liderança na motivação de colaboradores de unidades hoteleiras Supervisor	(Master)
2016 - 2016	A perceção do Avaliador no Processo de Recrutamento e Seleção Supervisor	(Master)
2016 - 2016	Competências Transversais: a importância das competências transversais nas missões internacionais Supervisor	(Master)
2016 - 2016	O Contrato Psicológico na Expatriação Supervisor	(Master)
2016 - 2016	Gestão de Recursos Humanos na indústria do Turismo em Portugal: tendências futuras do capital humano: um estudo exploratório em unidades hoteleiras no distrito de Coimbra. Co-supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	O contrato psicológico na expatriação. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	Recrutamento e seleção de pessoas: a perceção dos avaliadores. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	Competências Transversais: a importância das competências transversais nas missões internacionais Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	O Impacto da Liderança na Motivação dos Profissionais de Hotelaria do Grande Porto: O caso de um hotel 4**** . Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	Avaliação de Competências no Processo de Recrutamento e Seleção. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	As tecnologias de informação e comunicação no processo de recrutamento e selecção. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal

2016 - 2016	A importância do LinkedIn no recrutamento: a perspetiva dos consultores de Recursos Humanos. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	Employer Branding: a importância de reter colaboradores. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	O perfil do recrutador: a realidade portuguesa. Supervisor	Gestão e Desenvolvimento de Recursos Humanos (Master) Instituto Politécnico do Porto, Portugal
2016 - 2016	Marketing Interno nos Estabelecimentos Hoteleiros: A aplicabilidade do Marketing Interno como forma de obtenção de qualidade de Serviço ao Cliente. Co-supervisor	Direção Hoteleira (Master) Instituto Politécnico do Porto, Portugal
2015 - 2015	Práticas de gestão de recursos humanos em grandes empresas da cidade da Praia - Cabo Verde Co-supervisor	(Master)
2010 - 2010	Relatório de Estágio Supervisor	Psicologia (Master) Universidade Católica Portuguesa, Portugal
2010 - 2010	Relatório de Estágio Supervisor	Psicologia (Master) Universidade Católica Portuguesa, Portugal

Event organisation

	Event name Type of event (Role)	Institution / Organization
2017 - Current	30th IBIMA Conference (2017) Congress (Member of the Scientific Committee)	
2017 - Current	Semana de Abertura do Campus 2 - 17/18 (2017) Meeting (Member of the Organising Committee)	
2017 - Current	Turismo, industrias criativas e web: desafios à empregabilidade (2017) Seminar (Member of the Organising Committee)	

2017 - Current	Responsabilidade Social Corporativa na Hotelaria (2017) Seminar (Member of the Organising Committee)	
2017 - Current	VII Conferência de Intervenção e Investigação em Recursos Humanos (2017) Conference (Member of the Organising Committee)	
2017 - Current	VII Conferência de Intervenção e Investigação em Recursos Humanos (2017) Conference (Member of the Scientific Committee)	
2016 - Current	Semana de Abertura do Campus 2 - 16/17 (2016) Meeting (Member of the Organising Committee)	
2016 - Current	Hotelaria e Turismo: tendências e desafios (2016) Seminar (Member of the Organising Committee)	
2016 - Current	Preparar o futuro: que oportunidades de participação na comunidade P. Porto? (2016) Seminar (Member of the Organising Committee)	
2015 - Current	Engenharia e Tecnologias: presente e futuro (2015) Seminar (Member of the Organising Committee)	
2023/09/27 - 2023/09/27	Student welcome Campus 2 (2023/09/27 - 2023/09/27) Other (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023/05/10 - 2023/05/10	Virtual and Augmented Reality - Application in hospitality, tourism, media, arts and design (2023/05/10 - 2023/05/10) Seminar (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023/04/28 - 2023/04/29	XI Conference on Intervention and Research in Human Resources (2023/04/28 - 2023/04/29) Conference (Member of the Organising	Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal

	Committee)	
2022/05/20 - 2022/05/21	5th International Conference on Tourism Research (2022/05/20 - 2022/05/21) Conference (Member of the Organising Committee)	
2021/05/20 - 2021/05/21	4th International Conference on Tourism Research 2021 (2021/05/20 - 2021/05/21) Conference (Member of the Organising Committee)	
2021 - 2021/05	INVTUR 2021 - Tourism and the Sustainable Development Goals: From theory to practice (2021/05/05 - 2021/05/07) Conference (Member of the Scientific Committee)	
2020 - 2021	International Fórum on Management (5ª edição) (2021/02/20 - 2021/02/21) Other (Member of the Scientific Committee)	Instituto Politécnico de Setúbal Escola Superior de Ciências Empresariais, Portugal
2019 - 2019	Member of the Organizing Committee of the Seminar Competences 4.0: communication in hospitality, tourism and the creative industries (2019 - 2019) Meeting (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019 - 2019	IX Conference on Intervention and Research in Human Resources (2019 - 2019) Conference (Member of the Organising Committee)	
2019 - 2019	IX Conference on Intervention and Research in Human Resources (2019 - 2019) Conference (Member of the Scientific Committee)	
2019 - 2019	33th IBIMA Conference (2019 - 2019) Congress (Member of the Scientific Committee)	
2018 - 2018	Campus 2 Opening Week - 18/19 (2018 - 2018) Meeting (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2018 - 2018	Industry 4.0 seminar: from hotels and tourism to the creative industries (2018 - 2018) Meeting (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2018	Filling in Course Unit Sheets (2018 - 2018) Workshop (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2018	How to write academic papers (2018 - 2018) Workshop (Member of the Organising Committee)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2018	IV ACCINET - Congress on Intervention, Entrepreneurship, Employability and Sustainability (2018 - 2018) Congress (Member of the Scientific Committee)	Instituto Politécnico do Porto, Portugal
2018 - 2018	32th IBIMA Conference (2018 - 2018) Congress (Member of the Scientific Committee)	
2018 - 2018	31th IBIMA Conference (2018 - 2018) Congress (Member of the Scientific Committee)	
2013 - 2013	V Conferência de Intervenção e Investigação em Recursos Humanos Conference (Member of the Organising Committee)	
2013 - 2013	17º Congresso da Sociedade Para o Estudo da Obesidade Congress (Member of the Organising Committee)	

Event participation

	Activity description Type of event	Event name Institution / Organization
2013 - 2013	17º Congresso Português de Obesidade Congress	
2013 - 2013	Congresso Português de Cirurgia da Obesidade Congress	

2013 - 2013	V Conferência de Intervenção e Investigação em Recursos Humanos Conference	V Conferência de Intervenção e Investigação em Recursos Humanos ESEIG, Portugal
2013 - 2013	VII Congresso da Sociedade Portuguesa de Cirurgia da Obesidade e Doenças Metabólicas Congress	VII Congresso Nacional da Sociedade Portuguesa de Cirurgia da Obesidade e Doenças Metabólicas Sociedade Portuguesa de Cirurgia da Obesidade e Doenças Metabólicas, Portugal
2009 - 2009	1º Congresso de Saúde e Comportamento dos Países de Língua Portuguesa Congress	

Jury of academic degree

	Theme Role	Candidate name (Type of degree) Institution / Organization
2024	Internship Report Supervisor	Pedro Miguel Teixeira Amaro Cunha Alves (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2024	Internship Report Supervisor	Marharyta Kutsyba (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023/07/18	New Practices for Attracting and Retaining Millennials in the IT Sector in Portugal Supervisor	Áurea Filipa Gonçalves Marques (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2023/07	Sustainable Tourism: Boutique Hotel Project with a Focus on Sustainable Practices President of the jury	Oleksandr Menshykov (Master)
2023/03/27	INTERNATIONAL ACADEMIC MOBILITY IN THE TOURISM SECTOR A STUDY ON ERASMUS INCOMING STUDENTS AT PAN-EUROPEAN UNIVERSIT (Thesis) Arguer	Gabriela Filipa Vides Gonçalves Ribeiro (Master) Instituto Politécnico do Cávado e do Ave Escola Superior de Hotelaria e Turismo, Portugal
2023	Human Resources Management Practices in Talent Retention at the InterContinental Porto Hotel - Palacio das Cardosas	Adriano Monteiro (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

	Supervisor	
2023	Human Resources Management challenges in attracting and retaining employees in the restaurant sector Supervisor	Beatriz Maia (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Employer Branding in Hospitality - Employer Branding in attracting talent - Tivoli Avenida Liberdade Lisbon Hotel case study Supervisor	Margarida Correia (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Attracting and Retaining Millennials in the IT Sector in Portugal Supervisor	Áurea Filipa Gonçalves Marques (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2023	The Employee Experience of Millennial Human Resources professionals in the IT sector Supervisor	Inês Martins Sousa (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2023	The impact of Revenue Management and revenue maximization in the hotel industry President of the jury	Ana Moura (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	The Impact of Revenue Management on Optimizing Revenue and Boosting Demand President of the jury	Francisca Senra (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Sustainable Tourism: Boutique Hotel Project with a Focus on Sustainable Practices President of the jury	Oleksandr Menshykov (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	The use of dynamic pricing as a Revenue Management tool in Restaurants President of the jury	Sérgio Araújo (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Business Plan for the Creation of a Tourist Business in the City of Porto President of the jury	Sónia Silva (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	The importance of expatriation in the acquisition and transfer of knowledge: Relevance for the organization and the expatriate's professional career	Bruno Manuel Moura Alexandre (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e

	(Thesis) Main arguer	Administração do Porto, Portugal
2023	TALENT RETENTION IN THE HOTEL SECTOR: AN EXPLORATORY STUDY (Thesis) Main arguer	Débora Eduarda Ferreira Borges (Master) ISLA Gaia Instituto Politécnico de Gestão e Tecnologia, Portugal
2023	A STUDY ON ERASMUS INCOMING STUDENTS AT PAN-EUROPEAN UNIVERSITY (Thesis) Main arguer	Gabriela Filipa Vides Gonçalves Ribeiro (Master) Instituto Politécnico do Cávado e do Ave, Portugal
2023	Internship Report Crowne Plaza Porto Supervisor	Matilde Teixeira Monteiro (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship Report Supervisor	Miguel Dantas (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship Report Supervisor	Miguel Carvalho Martins (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Hotel Mon Port &Spa President of the jury	Catarina Azevedo Ramos (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Viseu Youth Hostel President of the jury	Beatriz Polaco de Catarino Marques Laranjo (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship report (Thesis) Main arguer	Rodrigo Ferreira (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship report (Thesis) Main arguer	Diana Teixeira (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship report (Thesis) Main arguer	Carolina Ferreira (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2023	Internship report (Thesis) Main arguer	Ana Moreira (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship in the Commercial Department of Hotel Carrís Porto Ribeira President of the jury	Ana Carolina Lourenço de Araújo (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Melia Ria Hotel & SPA Internship Report President of the jury	Ana Miguel Almeida da Silva (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Radisson Blu Resort & Spa, Malta Golden Sands***** President of the jury	André Costa (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2023	Internship report (Thesis) Main arguer	Cândida Almeida (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022/11/30	Work-life balance na perspetiva da Geração Y (Thesis) Arguer	Cátia Duarte Parente (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2022/10/28	Defining internal procedures for the Events & Banquets department: The case of the Montebelo Vista Alegre Ílhavo Hotel President of the jury	Pedro Miguel Martins Tavares (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022/10/27	The impact of Marketing on Sustainable Tourism: A case study applied to hotel units in the Northern Region of Portugal President of the jury	Marta Nunes Pinho Guedes (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022/07/28	The importance of Employer Branding in attracting and retaining employees in the hotel sector Supervisor	Cláudia Sofia Lopes Pires (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2022/07/22	Crowne Plaza Porto Analysis of the Groups and Events Department Vision 360 President of the jury	Daniela Sofia da Costa Faria (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2022/06/27	Business plan for Bairrada Bed & Wine House: Entrepreneurship and Country House for Wine Tourism President of the jury	Miguel Marques Tavares Pacheco Silva (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Mon Port Hotel & Spa President of the jury	Ana Teresa Morais Lourenço (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Hotel Crowne Plaza Porto President of the jury	Inês Faustino Loureiro (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Pestana Casino Park Ocean & SPA Hotel President of the jury	Mario Ramos (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Villa C Boutique Hotel President of the jury	Nânci Seabra Gomes (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Internship Report (Thesis) Arguer	Ana Sofia Pacheco Ludovico Pinto de Barros (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Internship report (Thesis) Main arguer	Mariana Sousa Maia (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Internship report (Thesis) Main arguer	Mariato Balde (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Flow Restaurant & Bar President of the jury	Joana Barreto (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Internship report Supervisor	Ana Correia (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2022	Internship report Supervisor	Joana Silva (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Pestana Group - Pousada do Freixo President of the jury	Maria Ana Machado de Almeida Esteves Martins (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Caffeine Group President of the jury	Isabel Sofia Duarte da Pena (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Internship Report: Pur Oporto Boutique Hotel (Thesis) Main arguer	Marta Vieira (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2022	Praça Santo Thyrso President of the jury	Vasco Nuno do Vale Novo e Costa Carvalho (Other) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/12/21	Motivation as a lever for service excellence (Thesis) Arguer	Ana Isabel Ramalho Silva (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/11/29	The Influence of Events on Hotel Marketing in the Cities of Lisbon and Porto President of the jury	ISABEL MARIA ANDRADE BARRADAS (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/11/23	Eco Sun Village: Rural Tourism Project in the Municipality of Lousada President of the jury	Júlia Carolina Lebre Barbosa da Silva (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/10	Internal Marketing: The impact of the COVID-19 pandemic on hoteliers' internal marketing strategies Supervisor	Inês Sucena Pereira Fonseca (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/07/22	Paraíso de Figueiró: Planning and Implementation of Rural Tourism in the Municipality of Amarante President of the jury	Marta Sofia Sousa Ferreira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2021/07/21	The Impact of COVID-19 on Tourism and Hospitality in the Northern Region President of the jury	Beatriz Janeiro Chaves Limbado (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/01/27	The Role of Social Media in Promoting the Anantara Vilamoura & Algarve Resort Hotel Supervisor	Virgínia Inês Magalhães Lousada (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021/01/13	How important is tourism in Porto's restaurant sector? President of the jury	Ana Isabel Leite da Rocha (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021	The role of social networks in promoting the Anantara Vilamoura Hotel Supervisor	Virgínia Inês Magalhães Lousada (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021	The importance of Employer Branding in retaining Human Resources professionals Supervisor	Ana Vanessa Moutinho Peixoto (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021	Integration practices for people with disabilities at work: a case study Supervisor	Inês Filipa dos Santos Maravalhas (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021	Employability Paths of Brazilian Immigration in the Labor Market of Northern Portugal (Thesis) Main arguer	Adriano da Silva Duarte (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2021	The future of MICE events in Portuguese hotels Supervisor	Catarina Alexandra Moreira Jardim (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2021	The importance of sustainable practices and their use as a marketing strategy in 4-star hotels in Northern Portugal Supervisor	Leonor Viterbo Cruz Lage Calheiros (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020/12/10	Challenges of Attracting and Retaining Talent: Maison Albar Hotels - Le Monumental Palace case study	Ana Sofia Saraiva Verde (Master) Escola Superior de Hotelaria e Turismo

	(Thesis) Arguer	, Instituto Politécnico do Porto , Portugal
2020/12/04	The Potential of Neuromarketing for Positioning a Hotel Brand Supervisor	Carla Patrícia Gomes Correia (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020/12/03	How the characteristics of women leaders influence their leadership Supervisor	Joana Madalena Serra Costa Santos (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020/12/03	Business Ambassadors: Driving business through hospitality President of the jury	Lia da Rocha Ferreira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020/12/02	Purchasing Management in the Hotel Industry: the case of Hotel Arts Barcelona and Santana Hotel & Spa**** President of the jury	Filipa Sampaio Lamares (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020	Mental Health of the Reference Teams that work in the Specialized Reference Centers for Social Assistance of the Florianópolis Grid (Thesis) Arguer	Rosi Meri da Silva (Master) Universidade Fernando Pessoa, Portugal
2020	Positive Psychological Intervention: Analysis of the effectiveness of a group program (Thesis) Main arguer	Andreia patricia da silva pinto (Master) Universidade Fernando Pessoa, Portugal
2020	The importance of rewards in retaining shift workers (Thesis) Main arguer	Ana Catarina Barroso Magalhães (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2020	Positive Psychological Intervention: Analysis of the Effectiveness of a Group Program (Thesis) Main arguer	Patrícia da Silva Pinto Ferreira (Master) Universidade Fernando Pessoa, Portugal
2020	Skills in the Digital Age in the Tourism and Hospitality sector Supervisor	Cátia Daniela da Silva Neves (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2020	Study of the perception of the impact of a positive group psychological intervention in a non-clinical sample	Hélène Conceição Pinheiro Cerqueira (Master) Universidade Fernando Pessoa,

	(Thesis) Main arguer	Portugal
2020	Career management for future Portuguese doctorates Supervisor	Pedro Coelho Ferreira (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2020	Skills in the IT sector: challenges of the digital age Supervisor	Filipa Oliveira Andrade (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal
2020	How the characteristics of women leaders influence their leadership Supervisor	Joana Madalena Serra Costa Santos (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020	The Behavior of the Portuguese Towards Travel Agencies Supervisor	Ana Beatriz Gavina Leal (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020	Motivation as a lever for service excellence (Thesis) Arguer	Ana Isabel Ramalho Silva (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020	Challenges of Attracting and Retaining Talent: Maison Albar Hotels - Le Monumental Palace case study (Thesis) Arguer	Ana Sofia Saraiva Verde (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Public examinations for the title of Specialist in Hotel and Restaurant Management (Thesis) Main arguer	Ana Paula Teles Guerreiro de Almeida Torres (Other) Instituto Politécnico do Porto, Portugal
2019	Circumstances of Loss and the Development of the Grieving Process in Adults (Thesis) Arguer	Beatriz Félix Oliveira da Silva Vieira (Master) Universidade Fernando Pessoa, Portugal
2019	Social Identity Crisis Among LGBT Community of Bangladeshv (Thesis) Arguer	Ahsan Ullah (Master)
2019	Self-initiated expatriation: an exploratory study with African students at higher education institutions in Greater Porto (Thesis) Arguer	Ângela de Fátima Nasiva Diogo (Master) Instituto Politécnico do Porto Instituto Superior de Contabilidade e Administração do Porto, Portugal

2019	Proposal for a route of viewpoints in Northern Portugal: the importance of landscape as a tourism resource President of the jury	Ana Filipa Leitão de Azevedo (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Feedback channels in the Reception and Marketing department of the Porto and North Tourism Association: the back office customer profile President of the jury	Bárbara Brito Carrapa Ribeiro de Carvalho (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Rural Tourism Project. Proposal for accommodation and rural activities President of the jury	Maria Carolina Antunes Cortez (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Vila Nova de Gaia: One Municipality, One Experience President of the jury	Tiago Soares da Costa (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Shift work in the hotel industry: motivations and retention strategies President of the jury	Ana Sofia Marques Amaro (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Internship report in the commercial and revenue department of JASE Hotels & Resorts President of the jury	Filipe Ferreira da Cruz (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Registration and opening of local accommodation: Support manual President of the jury	Francisca da Silva Cunha (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	WOW Project of National Interest President of the jury	José Guilherme Amaral Madeira Marques (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019	Relaunch of Sal Fino magazine President of the jury	Tiago José Almeida Alves Sousa (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Max Houses: Local Accommodation President of the jury	Nilce Gil Vieira Peixoto (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2018	Consumer satisfaction in luxury hotels: The case of the H10 Rubicón Palace thalassotherapy center President of the jury	Sara Estrela Fernandez Correia (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Optimizing the operation of the laundry department President of the jury	Flávia Isabel Rosas Vieira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	The authenticity of local traditions and culture in enhancing the tourist experience: the case of the Sra. d'Agonia festival in Viana do Castelo President of the jury	Andreia Daniela Cunha Ferreira (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Event Tourism: The case of the itinerary festival "Correntes d' Escritas, 2018". President of the jury	Sara de Albuquerque Martins Sargo (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	International Visitors to the Paiva Walkways: Motivation, Experience, Satisfaction and Distribution Channels President of the jury	Verónica da Rocha Bernardo (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Impacts of terrorism on tourism: perception of risk by Portuguese tourists President of the jury	Vitória Lopes Faria de Carvalho (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Technology and Generation Z tourists President of the jury	Cátia Aires (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Quality and local accommodation in Porto - characterization and future prospects President of the jury	Isabel Pinto (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Shopping tourism: evaluation of Porto and Lisbon as shopping destinations President of the jury	Melanie Silva (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018	Digital marketing in rural tourism hotels in Portugal President of the jury	Sara Macedo (Master) Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2017	A gestão da diversidade e o papel das práticas de gestão de recursos humanos na inclusão de pessoas com deficiência ou incapacidade: O caso da Câmara Municipal da Póvoa de Varzim (Thesis) Arguer	Angela Teixeira (Master)
2017	Stress, Depressão, Ansiedade e Coping em Técnicos das Comissões de Proteção de Crianças e Jovens (CPCJ)" (Thesis) Arguer	Maria Valério Branco (Master)
2017	A decisão da compra de serviços hoteleiros: fatores emocionais ou racionais? (Thesis) Arguer	Joana Campos (Master)
2017	Adaptação do Questionário da Qualidade da Interação Profissional de Saúde- Doente para a População para a População Portuguesa (QQPPI) (Thesis) Arguer	Ana Filipa Andrade da Silva (Master)
2017	Gestão da Saúde Mental em Emergências e Desastres: Estudo Etnográfico na Hungria (Thesis) Arguer	Bruna Carolina Lobo Ferreira (Master)
2017	Caraterização da Saúde Mental numa população jovem do concelho da Póvoa de Varzim: da psicopatologia ao bem-estar (Thesis) Arguer	Cristiana Ferreira (Master)
2017	Qualidade de Vida, Vinculação e Resiliência em Adolescentes institucionalizados (Thesis) Arguer	Liliana Jacoto (Master)
2017	Comunicação Centrada no Doente e Satisfação do Doente com os Cuidados de Saúde (Thesis) Arguer	Fernanda Duarte (Master)
2016	Provas de públicas de Título de Especialista em Desenvolvimento de Humano (Thesis) Arguer	Ana Carla Gomes Leite (Other) Instituto Politécnico do Porto, Portugal
2016	Crenças, atitudes e práticas dos profissionais de saúde relativas à obesidade (Thesis) Arguer	Filipa Teixeira (PhD) Universidade do Porto Faculdade de Psicologia e de Ciências da Educação, Portugal

2016	Crenças, atitudes e práticas dos profissionais de saúde relativas à obesidade (Thesis) Arguer	Filipa Teixeira (PhD) Universidade do Porto Faculdade de Psicologia e de Ciências da Educação, Portugal
2015	Crenças, atitudes e práticas dos profissionais de saúde relativas à obesidade	Filipa Teixeira (PhD) Universidade do Porto, Portugal
2015	Caraterização da Saúde Mental numa população jovem do concelho da Póvoa de Varzim: da psicopatologia ao bem-estar	Cristiana Ferreira (Master) Universidade Fernando Pessoa, Portugal
2015	Qualidade de Vida, Vinculação e Resiliência em Adolescentes institucionalizados	Liliana Jacoto (Master) Universidade Fernando Pessoa, Portugal
2015	Comunicação Centrada no Doente e Satisfação do Doente com os Cuidados de Saúde	Fernanda Duarte (Master) Universidade Fernando Pessoa, Portugal
2014	Saúde Mental no (Des)emprego, Qualidade de Vida, Ajustamento Diádico e Sintomatologia Psicológica (Depressão e Ansiedade) associada ao emprego/desemprego	Florbela Pina (Master) Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal
2014	Temperamento, Violação e Personalidade: edificações do desenvolvimento psicoemocional	Sara Oliveira (Master) Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal
2013	Diabetes Tipo 1: Controlo Metabólico, Literacia e Qualidade de Vida	Laura Isabel Vieira Andrade (Master) Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal
2013	Vulnerabilidade ao Stress, Estratégias de Coping e Personalidade dos Profissionais de Saúde em Cuidados Continuados	Elisabete Santos Rodrigues (Master) Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal
2013	A Adesão Terapêutica em Diabéticos Tipo 2: Influências das Representações Sobre a Doença e da Literacia	Ana Sofia Simões Costa (Master) Instituto Superior de Estudos Interculturais e Transdisciplinares de Viseu, Portugal

Ad Hoc journal article review

	Journal title (ISSN)	Publisher
2023 - Current	Higher education studies	

2023 - 2023	European Journal of Tourism, Hospitality and Recreation
2023 - 2023	European Journal of Tourism Research

Association member

	Society Organization	Role
2018 - Current	CITUR - Centro de Investigação em Turismo	Membro colaborador
2018 - Current	CEOS P.PORTO - Centro de Estudos Organizacionais e Sociais do Instituto Politécnico do Porto	Membro Integrado
2008/01 - Current	International Federation Surgery of Obesity	
2008/01 - Current	Sociedade Portuguesa de Cirurgia da Obesidade e Doenças Metabólicas	
2008/01 - Current	Nucleo de Psicologia da Sociedade Portuguesa de Cirurgia para a Obesidade e Doenças Metabólicas	
2008/01 - Current	Sociedade Portuguesa para o Estudo da Obesidade	
2008/01 - Current	Sociedade Portuguesa de Comportamento e Saúde	
2008/01 - Current	Sociedade Portuguesa de Endocrinologia e Doenças Metabólicas	
2008/01 - Current	Ordem dos Psicólogos Portugueses	

Committee member

	Activity description Role	Institution / Organization
2017 - Current	Competence Accreditation Committee for the Master's Degree in Hotel Management	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - Current	Comissão PAPRE (Programa de Apoio à Publicação em Revistas Científicas de Elevada Qualidade) Member	
2016 - Current	Conselho de curso do Mestrado em Direção Hoteleira	

	Vogal	
2019 - 2021	Unit for E-learning and Pedagogical Innovation (EIPP) Member	Instituto Politécnico do Porto, Portugal
2017 - 2021	Comissão de Creditação de Competências do Mestrado em Gestão do Turismo Member	
2017 - 2021	Master's in Tourism Management course council	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2019	ESHT Autonomous Section of the Evaluation Coordinating Board Member	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - 2018	Comissão de Avaliação de Desempenho Docente Member	
2017 - 2017	Statutory Assembly of the School of Hospitality and Tourism, as representative of teachers and researchers Member	
2015 - 2016	Comissão de Creditação de Competências do Mestrado em Direção Hoteleira Vogal	

Conference scientific committee

	Conference title	Conference host
2023/06/08 - 2023/06/09	6th international Conference on Tourism Research	
2023/04/28 - 2023/04/29	XI Conference on Intervention and Research in Human Resources	
2022/05/20 - 2022/05/21	5th International Conference on Tourism Research	

Course / Discipline taught

	Academic session	Degree Subject (Type)	Institution / Organization
2016 - 2021	Relações Interpessoais	Licenciatura em	Escola Superior de

		Gestão de Atividades Turísticas (Licenciate Degree)	Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - 2020	Comunicação	Licenciatura em Gestão da Restauração e Catering (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - 2020	Comportamento Organizacional	Licenciatura em Gestão e Administração Hoteleira (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - 2017	Saúde Ocupacional e Qualidade de Vida	Mestrado em Gestão e Desenvolvimento de Recursos Humanos	
2013 - 2017	Metodologias de Investigação e Projeto em Recursos Humanos I	Mestrado em Gestão e Desenvolvimento de Recursos Humanos	
2014 - 2016	Orientação Vocacional e Gestão de Carreira	Licenciatura em Recursos Humanos	
2014 - 2016	Processos de Recolha da Informação em Recursos Humanos	Licenciatura em Recursos Humanos	
2014 - 2016	Tratamento e Apresentação da Informação em Recursos Humanos	Licenciatura em Recursos Humanos	
2014 - 2016	Empregabilidade e Inserção Profissional	Licenciatura em Recursos Humanos	
2013 - 2016	Metodologias de Investigação e Projeto em Recursos Humanos II	Mestrado em Gestão e Desenvolvimento de Recursos Humanos	
2023 - Current	Research Methodologies and Techniques	Degree in Restaurant and Catering Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020 - Current	Human Resources Management and Development	Master in Hospitality Management (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020 - Current	Human Resources In Tourism	Degree in Tourism Activities Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal

2020 - Current	Human REsources Management	Degree in Restaurant and Catering Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2020 - Current	Human Resources Management	Degree in Hospitality Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019 - Current	Research Methods and Techniques	Degree in Hospitality Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2019 - Current	Research Methods and Techniques	Degree in Hospitality Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2017 - Current	Comunicação	Licenciatura em Gestão e Administração Hoteleira (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Metodologias de Investigação	Mestrado em Gestão do Turismo	
2016 - Current	Liderança e Desenvolvimento de Equipas	Mestrado em Gestão de Turismo	
2016 - Current	Comunicação	Licenciatura em Gestão e Administração Hoteleira	
2016 - Current	Comunicação	Licenciatura em Gestão de Restauração e Catering	
2016 - Current	Métodos e Técnicas de Investigação	Licenciatura em Gestão de Atividades Turísticas	
2016 - Current	Métodos e Técnicas de Investigação	Licenciatura em Gestão de Atividades Turísticas (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Metodologias de Investigação	Mestrado em Direção Hoteleira (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Metodologias de Investigação	Mestrado em Gestão do Turismo (Master's	Escola Superior de Hotelaria e Turismo ,

		Degree)	Instituto Politécnico do Porto , Portugal
2016 - Current	Liderança e Desenvolvimento de Equipas	Mestrado em Gestão do Turismo (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Liderança e Desenvolvimento de Equipas	Mestrado em Direção Hoteleira (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Research Methodologies	Master in Hotel Management (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Research Methodologies	Master in Tourism Management (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Leadership and Team Development	Master in Hotel Management (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Leadership and Team Development	Master in Tourism Management (Master's Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Communication	Degree in Hospitality Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Communication	Degree in Restaurant and Catering Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Organizational Behavior	Degree in Hospitality Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Interpersonal Relations	Degree in Tourism Activities Management (Licenciate Degree)	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2014 - Current	Metodologias de Investigação	Mestrado em Direção Hoteleira	
2012 - Current	Liderança e Desenvolvimento de Equipas	Mestrado em Direção Hoteleira	

Journal scientific committee

	Journal title (ISSN)	Publisher
2021 - 2021	Bariátrica & Metabólica Ibero-Latina	
2020 - 2020	Psychology, Community & Health	
2020 - 2020	Qualitative Research in Sport, Exercise and Health	
2019 - 2019	Trends in Psychiatry and Psychotherapy	
2018 - 2018	Psychology and Health (1476-8321)	Informa UK (Taylor & Francis)
2017 - 2017	Revista Brasileira de Gestão de Negócios	
2017 - 2017	Clinical Obesity (1758-8111)	Wiley (Blackwell Publishing)

Other jury / evaluation

	Activity description	Institution / Organization
2018 - Current	Member of the selection panel for the Master's Degree in Hotel Management	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - Current	Member of the selection and ranking panel for candidates for re-entry and change of Institution/Course pair for the Master's Degree in Hotel Management	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - Current	Membro do Júri de Concurso para contratação de docente na área disciplinar de Direito	
2018 - 2021	Member of the selection panel for the Master's Degree in Tourism Management	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2018 - 2021	Member of the selection and ranking panel for candidates for re-entry and change of Institution/Course pair for the Master's Degree in Tourism Management	Escola Superior de Hotelaria e Turismo , Instituto Politécnico do Porto , Portugal
2016 - 2018	Membro do Júri de seleção do procedimento para admissão de um técnico superior, em regime de mobilidade interna ou em regime de mobilidade intercarreiras, para exercer funções na área de Comunicação e integrar o Gabinete de Imagem e Comunicação da ESHT	
2015 - 2017	Membro do Júri do Concurso dos Maiores de 23 em Psicologia	

2015 - 2016	Membro do Júri de Seleção e Seriação dos Candidatos ao Mestrado em Gestão e Desenvolvimento de Recursos Humanos

Distinctions

Award

2017	Best paper award Universitätsmedizin Rostock Institut für Biostatistik und Informatik in Medizin und Alternsforschung, Germany
2017	Best Oral Communication
2002	Prize School Merit Universidade do Minho, Portugal
2001	Prize School Merit Universidade do Minho, Portugal
2000	Prize School Merit Universidade do Minho, Portugal

Other distinction

2011	Best Oral Communication Sociedade Portuguesa para o Estudo da Obesidade, Portugal